

Town of East Montpelier FY2018 Funding Requests

Each year the Town of East Montpelier receives requests for funds from many different organizations. The Selectboard appoints a committee to review the requests and to recommend which should appear on the Town Meeting Warning for action. The committee requires certain information to make sound decisions for each request. In order for your organization to be considered for funding, it is mandatory that you complete this information form. Submit the form and supplementary information to:

**Funding Request Study Committee
Town of East Montpelier
P.O. Box 157, East Montpelier, VT 05651-0157 (submit by mail)
eastmontadmin@comcast.net (submit by email)**

on or before **Friday, October 21, 2016**. Incomplete forms and/or requests received after this date will be disqualified for funding. The Committee reserves the right to require any requesting organization to defend its request in person at the Committee's annual meeting normally held in early November. An organization applying for the first time or requesting a substantial increase in funding should expect an invitation to attend the annual meeting.

If your organization operates two or more programs with separate budgets or funding sources, please fill out one form for each program. All information should be given for your latest complete fiscal year (12 months). Approved requests will be acknowledged in the fiscal year 2018 (July 1, 2017 – June 30, 2018) budget for the Town of East Montpelier. Please feel free to submit any other information you feel would be helpful to the committee in making their decision.

If you have any questions please contact Bruce Johnson, Town Administrator, at (802) 223-3313 x 204 or eastmontadmin@comcast.net.

STANDARD INFORMATION

Organization Name: Central Vermont Council on Aging

Address: 59 N. Main Street, Suite 200, Barre VT 05641

Fiscal Year Reported: **FY2016**

Program Description:

Central Vermont Council on Aging is dedicated to the mission of supporting Vermonters aged 60 and older and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities. We connect the elders in our communities to the network of benefit programs and services that they need to thrive.

Name of Person filling out this form: **Mary Hayden**

Name of Person to contact with questions:

Mary Hayden, Director, Development and Communications

Phone Number: **802-476-2739** E-mail: **mhayden@cvcoa.org**

AMOUNT OF FUNDING REQUEST: \$1,875 (level funding)

SERVICE INFORMATION

What is your organization's service area? State? Washington County? or Other?

Central Vermont Council on Aging serves Washington, Orange and Lamoille counties; and the towns of Bethel, Granville, Hancock, Pittsfield, Rochester, Royalton and Sharon. We serve a total of 54 towns.

What is the total number of individuals served by your organization in your prior Fiscal Year?

9,734 individuals (all services)

How many people in East Montpelier were served by your organization in the same period?

During the last year, Central Vermont Council on Aging provided one or more of the services described below to 45 East Montpelier residents.

What type of service(s) does your organization provide to East Montpelier residents?

Central Vermont Council on Aging provides East Montpelier seniors with information and assistance, health insurance counseling, and case management services (promoting long-term care and accessing services and benefits), transportation, mental health counseling, family caregiver support, legal support and volunteer services,

Approximately how many staff hours are dedicated to provide the services your organization offered East Montpelier residents during this time period?

Central Vermont Council on Aging devoted 358 hours of service to East Montpelier seniors. Our case manager, Lisa Mercurio, is dedicated to providing services to seniors in East Montpelier.

What services does your organization provide that are not available elsewhere?

For more than 40 years, the Council has advocated for appropriate and

innovative non-medical supports to help keep elders living independently and in their homes for as long as possible. Not only is this the preference of most elders, but has also been shown to offer significant physical, emotional and financial benefits to seniors, their families, and the communities they have lived in. The Council also supports innovative, evidenced-based programs for seniors and caregivers such as Fall Prevention Tai Chi, Yoga, Movement, Memory Café (for those with dementia and their caregivers) and the creative arts.

As the number of seniors continues to grow at high rates in Vermont, and as our lifespans increase, the Council on Aging is uniquely situated to continue to lead in providing vital and innovative supports to help seniors maintain health and quality of life as they age in their homes and communities.

Many physicians, community health groups, social service agencies, community leaders, families and friends routinely refer seniors and family caregivers to the Council on Aging for meals, case management services, access to benefits, dementia caregiver respite, long term care planning, transportation, and volunteer supports.

In addition to our direct services and supports for innovative programming for seniors, Central Vermont Council on Aging provides outreach and education services to its service population including SHIP counseling (Medicare Workshops and individual Medicare enrollment assistance); technical assistance for meals-on-wheels sites on farm to table practices, nutritional standards for seniors and those with chronic illness, food safety best practices; civic engagement through our Senior Companion Program and RSVP (55 and older volunteers); family caregiver support and education, including a six-week caregiver course, bi-monthly caregiver teas and administration of the state's respite grant for dementia caregivers. The Council also advocates for appropriate resources and services for our growing senior population.

What (if any) organizations provide similar services?

Central Vermont Home Health and Hospice provides some limited case management services for specific programs. SASH provides some senior activities programming for seniors in housing facilities.

If applicable, how does your organization collaborate with organizations providing similar services?

Collaboration with Central Vermont Council on Aging community partners is critical to service enhancement and delivery. We have worked closely with or partnered with The Health Center, GMTA, Stagecoach, Central Vermont Home Health and Hospice, Tender Loving Care, Project Independence, Blueprint for Health, SASH,

Gifford Community Health, University of Vermont Center on Aging, University of Vermont Central Vermont Medical Center; 14 Senior Centers and 12 Meal Sites, including Twin Valley and Montpelier Senior Activity Center (FEAST).

In what way are the services your organization provides preventative in nature?

Central Vermont Council on Aging services are designed to help keep elders living independently and in their homes for as long as possible. Preventative services include Nutrition (home-delivered and congregate meals); evidence based wellness programs; caregiver supports (emotional and financial), and others.

FINANCIAL INFORMATION

How did your organization determine the amount of the funding request? Please explain in detail your reasoning for any increase or decrease (use attached sheet if necessary).

Central Vermont Council on Aging considers the historical level of support shown by the town, the growth in the senior population, and the extent of service provided to town residents when determining the amount requested.

In addition, RSVP is now a Central Vermont Council on Aging-sponsored program. RSVP is a program serving volunteers 55 and older who deliver Meals on Wheels, provide transportation, offer companionship, lead wellness programs and more. This application consolidates the support that East Montpelier has previously granted to RSVP with this request from Central Vermont Council on Aging.

If approved by the town, how will your organization use the funds?

Town Funding helps to support our case management department, dedicated to working directly with individuals, usually in their homes, to assess clients' needs, and to develop a long term care plan with the client. Central Vermont Council on Aging is committed to best practices for a client-centered approach to our case management services, respecting the dignity, self-determination, and independence of seniors.

Do any of your grant sources require local financial commitment? Explain.

Not presently.

Is your organization approved by the IRS as tax-exempt? **__Yes** _____

If yes, indicate your approval type: 501c3: **__X** _____ other: _____

See Attachment A for Income, Percent of Income and Revenue

INCOME SOURCES	PERCENT OF INCOME	TOTAL INCOME
Federal		
State		
Local Towns		
United Way		
Fundraising		
Other		
Other		
TOTAL		

EXPENDITURES	Budgeted Percent	Budgeted Dollars	Actual Expense Percent	Actual Expense Dollars
Personnel				
Insurance/Rent/Utilities				
Fundraising Costs				
Other				
Other				
Total				

See Attachment A for Income, Percent of Income and Revenue

Number of full-time paid staff positions (full-time equivalents or hours):

33

Number of full-time volunteer staff positions (full-time equivalents or hours):

At least 15 or more

Central Vermont Council on Aging, Inc.
FY16 Projected Budget

INCOME SOURCES		PERCENT OF		TOTAL
		INCOME		INCOME
Federal		49.44%		1,711,145
State		42.48%		1,470,540
Local Towns		2.60%		90,000
United Way		0.43%		15,000
Fundraising		1.39%		48,000
Other (Misc/donations/community)		3.67%		126,944
Total		100%		3,461,629
EXPENDITURES		BUDGET		ACTUAL
				EXPENSES
Personnel, fringe & travel				
Break down by position				
Advocacy, case management	30.69%	1,078,969	30.16%	1,044,236
Independent Living (nutrition)	8.95%	314,626	8.72%	301,869
Natl Family Caregiver Support	3.42%	120,281	4.14%	143,200
Administration	8.22%	288,835	8.19%	283,461
Fundraising	1.00%	35,089	0.82%	28,534
Ins/rent/util./phone/equip	4.97%	174,900	4.72%	163,400
Fundraising	0.10%	3,400	0.10%	3,400
Other (supplies/acctg/legal/consultants, et	9.96%	350,200	9.94%	344,200
Other (nutrition/transportation/mental hea	22.39%	787,200	22.74%	787,200
Other (direct services)	1.99%	69,929	2.02%	69,929
Sr. Companion	8.18%	287,500	8.31%	287,500
Training	0.13%	4,700	0.14%	4,700
Total	100%	3,515,629	100%	3,461,629

Number of full-time staff - 33
Number of part-time staff - none

Full-time = 60-80 hours per pay period
Part-time = less than 60 hours per pay period