



Twin Valley Seniors

4583 US Route 2

Mail: PO Box 152

East Montpelier, Vermont 05651

www.twinvalleyseniors.org

twinvalleyseniors@myfairpoint.net

802-223-3322

October 16, 2016
Town of East Montpelier
P.O. Box 157
East Montpelier, Vt. 05651-0157

Twin Valley Seniors, Inc. is asking to be placed on the Town Ballot in 2017 for the amount of \$ 3,000 for support to the center from taxpayers of East Montpelier.

The mission of the Twin Valley Senior Center is to facilitate the social, emotional and physical well-being of independent senior citizens in our service area by providing access to community resources, services and activities that maintain senior citizens' independence and wellness to remain in their communities.

Background

The Twin Valley Senior Center was founded in 1983 and serves the communities of Cabot, Plainfield, Marshfield, Woodbury, Calais and East Montpelier. The center moved among several locations in the early years. TVSC moved to a more central, larger space on US Route 2, Blueberry Hill Commons in East Montpelier May 2014. This of course added more expense, but has allowed TVSC the ability to bring more programs and more seniors to the center.

This growth is attributed in large part to an active volunteer board and director who ramped up activities since our move to East Montpelier. A typical day will see 30-35 people on site including providing a meal and any number of programs and activities. Early in 2009 the Center took over the regional *Meals on Wheels* program and prepared food on site, requiring a part time cook. The meals are packaged and delivered by volunteers, coordinated by the Center and a contract with Central Vermont Council on Aging (CVCOA) and grant funds. This significantly increased membership and activities. In 2015-2016 TVSC served at the center 3,953(37%) meals, delivered to home bound seniors, veterans and people with disabilities under age 60 a total of 6,757 (63%) meals for the years 2015-2016. This you must admit is a huge increase for our small non-profit center and we only see it increase with the aging population in the towns we serve. The Meals on Wheels volunteers put many, many miles on their vehicles, in all kinds of weather to get these meals to the people in need. No one in need of these meals is turned away regardless of ability to pay.

The expenses of *Meals on Wheels* are covered by a contract with monthly payment at \$3.50 per meal reimbursement. This by no means covers the cost of the meal ingredients and preparation which is estimated at approximately \$9.58 per meal. Other operating funds come from Town appropriations, donations, fundraising by staff and volunteers and contributions for the meals from donations.

Programs and services have grown to include information and referrals for stronger living, free blood pressure and foot clinics, tax assistance and much more. Some programs are offered in partnership with other local agencies. FY 17 TVSC wants to bring more community oriented events that everyone can take part in. AARP and American Red Cross chose TVSC to be an official site for blood draws and tax preparation free to all low income, disabled and elderly residents.

We need the Town of East Montpelier's support to help TVSC take care of the aging population in our towns, to keep them in their own home, in their own community where they want to be. We want all town citizens to use TVSC to make it an active vibrant place everyone can enjoy.

Sincerely,

Rita Copeland

Rita Copeland
Executive Director

Town of East Montpelier FY2018 Funding Requests

Each year the Town of East Montpelier receives requests for funds from many different organizations. The Selectboard appoints a committee to review the requests and to recommend which should appear on the Town Meeting Warning for action. The committee requires certain information to make sound decisions for each request. In order for your organization to be considered for funding, it is mandatory that you complete this information form. Submit the form and supplementary information to:

**Funding Request Study Committee
Town of East Montpelier
P.O. Box 157, East Montpelier, VT 05651-0157 (submit by mail)
eastmontadmin@comcast.net (submit by email)**

on or before **Friday, October 21, 2016**. Incomplete forms and/or requests received after this date will be disqualified for funding. The Committee reserves the right to require any requesting organization to defend its request in person at the Committee's annual meeting normally held in early November. An organization applying for the first time or requesting a substantial increase in funding should expect an invitation to attend the annual meeting.

If your organization operates two or more programs with separate budgets or funding sources, please fill out one form for each program. All information should be given for your latest complete fiscal year (12 months). Approved requests will be acknowledged in the fiscal year 2018 (July 1, 2017 – June 30, 2018) budget for the Town of East Montpelier. Please feel free to submit any other information you feel would be helpful to the committee in making their decision.

If you have any questions please contact Bruce Johnson, Town Administrator, at (802) 223-3313 x 204 or eastmontadmin@comcast.net.

STANDARD INFORMATION

Organization Name: Twin Valley Seniors, Inc.

Address: 4583 US Route 2, P.O. Box 152 East Montpelier, Vt. 05651

Fiscal Year Reported: 2015-2016

Program Description: Serving residents Meals on Wheels, congregate meals, health exercise programs geared toward seniors, clinics, tax assistance, door to door bus transportation, medical equipment loaned out, blood drawings local for residents, etc.

Name of Person filling out this form: Rita Copeland

Name of Person to contact with questions: Rita Copeland

Phone Number: 9802-223-3322 E-mail: Twinvalleyseniors@myfairpoint.net

AMOUNT OF FUNDING REQUEST: \$ 3,000

SERVICE INFORMATION

What is your organization's service area? State? Washington County? or Other?
Washington County

What is the total number of individuals served by your organization in your prior Fiscal Year? We served 39 individuals at the center. Does not include participants that take part in activities, clinics, and community programs such as pastel, writing, and other classes.

How many people in East Montpelier were served by your organization in the same period? At present there are 15 people in East Montpelier receiving Meals on Wheels at home. There are 6 residents taking bus service to and from the center. Again, East Montpelier residents partake in many of the classes, services and fundraisers but do not have actual count as we do not have them log in at each event.

What type of service(s) does your organization provide to East Montpelier residents? Meals on Wheels, Meals at center, free door to door transportation, health exercise programs, AARP tax service, CVHHH foot & flu clinics, informational programs, blood pressure clinics, SASH (senior assisted services @ home) services, above all socialization. Also, an official American Red Cross Blood Draw center for donors. We also have a Pet Fund for the senior's best companions. This consists of care for their pets that they may not be able to afford or take to the veterinarian. Our fund covers a visiting vet, grooming and food and toys, etc. if needed.

Approximately how many staff hours are dedicated to provide the services your organization offered East Montpelier residents during this time period? 3,640 hours

What services does your organization provide that are not available elsewhere? Most services covered in surrounding areas except free bus transportation. We have brought these same services locally which saves time and travel for many in our rural area. We charge no membership and do not charge for our health programs. This allows the opportunity for all that want to participate to be able to regardless of financial status.

What (if any) organizations provide similar services? There are similar services available but not in our area.

If applicable, how does your organization collaborate with organizations providing similar services?

We work closely with Central Vermont Council on Aging, Home Health Services, Hospitals, Nursing Homes, Schools, Plainfield Co-op, Maple Hill Farm & School.

In what way are the services your organization provides preventative in nature? Nutrition is important in the aging process, socialization prevents isolation, exercise programs means getting out of the chairs, entertainment, informational programs for seniors, clinics for feet, blood pressures, flu, are all preventable steps.

FINANCIAL INFORMATION

How did your organization determine the amount of the funding request? Please explain in detail your reasoning for any increase or decrease (use attached sheet if necessary). Staff & Volunteers worked extremely hard during the past fiscal year for us to meet our budget yet, we still came up meeting just 82% of what is needed. We need the help of our local taxpayers to help us with the overall operation costs of the center. This will help assure that the Senior Center stays operational. Our budget is very modest and we stay within the budget most all the time. The CVCOA contract this new fiscal year will remain the same as the government gave no more funding to the OAA (Older American Act)

If approved by the town, how will your organization use the funds?

If approved the funding will help with the day to day operations of the center. The services are growing but the income does not yet rising prices in all food and supplies that we need to operate the center.

Do any of your grant sources require local financial commitment? Explain.
They do not.

Is your organization approved by the IRS as tax-exempt? Yes
If yes, indicate your approval type: 501c3: other:

INCOME SOURCES	PERCENT OF INCOME	TOTAL INCOME
Federal	0%	0
State	36%	39,924.26
Local Towns	6%	6,600.00
United Way	0%	0
Fundraising	36%	39,557.99
Other	22%	23,935.00 (Individual Donations)
Other	0%	0
TOTAL	100%	110,017.95

EXPENDITURES	Budgeted Percent	Budgeted Dollars	Actual Expense Percent	Actual Expense Dollars
Personnel	42%	55,600.00	45%	49,461.08
Insurance/Rent/Utilities	22%	29,255.00	24%	26,822.74
Fundraising Costs	3%	4,300.00	5%	5,503.14
Other Food, mileage, consumables	25%	33,000.00	19%	21,333.58
Other Equipment, Contracts, Loans	8%	10,476.00	6%	6,392.54
Total	100%	132,631.00	100%	109,513.08

Number of full-time paid staff positions (full-time equivalents or hours): 1 1/2 Paid

Number of full-time volunteer staff positions (full-time equivalents or hours) 6,641 hours