

Twin Valley Seniors

4583 US Route 2

Mail: PO Box 152

East Montpelier, Vermont 05651

www.twinvalleyseniors.org

twinvalleyseniors@myfairpoint.net

802-223-3322

October 18, 2017

Town of East Montpelier

P.O. Box 157

East Montpelier, Vt. 05651-0157

Attention: Funding Request Study Committee,

The Twin Valley Senior Center, founded in 1983, serves the communities of Cabot, Calais, East Montpelier, Marshfield, Plainfield, and Woodbury.

The TVSC facility at Blueberry Hill Commons on Rt. 2 between Plainfield and East Montpelier is alive with activity. A typical day will attract 30 to 35 people who come to the center to eat meals and/or participate in a variety of programs and services. These include information and referrals for healthier living; exercise and Tai Chi classes; craft workshops; free blood pressure and tax clinics; game nights; community dinners. Foot clinics available for \$15.00 through CVHHH.

Since 2009, the TVSC has operated the regional Meals-on-Wheels program. The meals are prepared in our on-site kitchen by our paid part-time cook. The meals are packaged and delivered by a team of dedicated volunteers. Careful attention is paid to providing diet appropriate meals and variety for each individual meal recipient. The drivers deliver these meals in all kinds of weather and road conditions. They are reimbursed mileage but volunteer their time and wear and tear on their vehicle.

In 2015 -2016 TVSC delivered 6,757 meals to home bound seniors, veterans, and people with disabilities under age 60. We served 3,953 meals at the center. These numbers are growing each year as people live longer and strive to remain as independent as possible.

The expenses of Meals-on-Wheels are covered by contract with a monthly payment of \$3.50 per meal reimbursement with the Central Vermont Council on Aging. The actual cost is \$9.58 per meal, three times the reimbursement level. That difference and other operating costs are covered with funds from town appropriations, donations, fundraising by staff and volunteers, and contributions for meals from additional donations.

With a lingering uncertainty on the level of support we can expect from the state and federal government, TVSC relies more and more on the generosity of the people in the communities that we serve.

Twin Valley Senior Center is asking for your support. We are requesting that the Town of East Montpelier appropriate \$3,500.00 to help TVSC continue with its mission. Only with your help can we continue to meet the need for Meals-on-Wheels and to facilitate the social, emotional and physical well-being of independent senior citizens in our towns.

Respectfully Submitted,

Rita Copeland

Rita Copeland, Executive Director

TVSC Board of Directors

Town of East Montpelier FY2019 Funding Requests

Each year the Town of East Montpelier receives requests for funds from many different organizations. The Selectboard appoints a committee to review the requests and to recommend which should appear on the Town Meeting Warning for action. The committee requires certain information to make sound decisions for each request. In order for your organization to be considered for funding, it is mandatory that you complete this information form. Submit the form and supplementary information to:

Funding Request Study Committee
Town of East Montpelier
P.O. Box 157, East Montpelier, VT 05651-0157 (submit by mail)
eastmontadmin@comcast.net (submit by email)

on or before **Friday, October 27, 2017**. Incomplete forms and/or requests received after this date will be disqualified for funding. The Committee reserves the right to require any requesting organization to defend its request in person at the Committee's annual meeting normally held in early November. An organization applying for the first time or requesting a substantial increase in funding should expect an invitation to attend the annual meeting.

If your organization operates two or more programs with separate budgets or funding sources, please fill out one form for each program. All information should be given for your latest complete fiscal year (12 months). Approved requests will be acknowledged in the fiscal year 2019 (July 1, 2018 – June 30, 2019) budget for the Town of East Montpelier. Please feel free to submit any other information you feel would be helpful to the committee in making their decision.

If you have any questions please contact Bruce Johnson, Town Administrator, at (802) 223-3313 x 204 or eastmontadmin@comcast.net.

STANDARD INFORMATION

Organization Name: Twin Valley Seniors, Inc.

Address: 4583 U.S. Route 2 East Montpelier, Vt. P.O. Box 152

Fiscal Year Reported: 2016-2017

Program Description: TVSC hold many healthy clinics and exercise programs, educational programs for their age group plus serve hot nutritional meals on site and also delivers meals to home bound residents.

Name of Person filling out this form: Rita Copeland

Name of Person to contact with questions: Rita Copeland

Phone Number: 8022-223-3322 E-mail: Twinvalleyseniors@myfairpoint.net

AMOUNT OF FUNDING REQUEST: \$3,500.00

SERVICE INFORMATION

What is your organization's service area? State? Washington County? or Other?

Washington County- Calais, Woodbury, East Montpelier, Plainfield Marshfield and Cabot

What is the total number of individuals served by your organization in your prior Fiscal Year? We served 12,606 meals on wheels & in-house individuals. There were 15 center attendees, 9 tax prep residents, 10 exercise participants plus residents that attended special dinners.

How many people in East Montpelier were served by your organization in the same period? 32 attendees to different classes throughout the year. Home delivered to 15 Meals on Wheels Clients in East Montpelier.

What type of service(s) does your organization provide to East Montpelier residents? Free exercise programs, tax preparations, flu clinics, blood draws and \$15.00 foot clinics. Gathering place for socialization to combat isolation, nutritional meals served and various arts and craft sessions, community dinners and events. Free transportation to and from the center 3 times weekly. Volunteer services for assisting the elderly to and from appointments, loan of medical supplies.

Approximately how many staff hours are dedicated to provide the services your organization offered East Montpelier residents during this time period? 3.380 hours

What services does your organization provide that are not available elsewhere? Special gathering place with no annual dues. Free door to door transportation for the towns we serve to and from the center. Nutritional hot meals 3x's weekly and meals to cover 7 days for the home bound residents if needed. Clinics for good health, free tax preparation for all low income residents Various arts & craft workshops, community dinners and Bingo.

What (if any) organizations provide similar services? None on a regular basis locally. Having no annual dues or fees for our health related clinics, etc allows low income and the elderly the opportunity to take advantage of the programs.

If applicable, how does your organization collaborate with organizations providing similar services?

In what way are the services your organization provides preventative in nature? Blood Pressure checks to avoid high blood pressure & strokes, foot clinics to check with issues related to diabetes, exercise programs to keep the elderly moving, activities and socialization to combat isolation, home delivered meals to allow one to stay in own home and out of institutions.

FINANCIAL INFORMATION

How did your organization determine the amount of the funding request? Please explain in detail your reasoning for any increase or decrease (use attached sheet if necessary). The increase is asked for because your town has increased in the programs of the center which we have brought to this area and tried to meet demand as needed. We are non-profit and we are local within your town. We charge no annual dues, and very little for extracurricular events. We do all this so that the low income and elderly have the opportunity to receive these services at no or very little cost.

If approved by the town, how will your organization use the funds? The funding is used for the overall operation of the center.

Do any of your grant sources require local financial commitment? Explain.
No

Is your organization approved by the IRS as tax-exempt? YES

If yes, indicate your approval type: 501c3: 501c3 other: _____

INCOME SOURCES	PERCENT OF INCOME	TOTAL INCOME
Federal	0	
State	28	35,376.94
Local Towns	7	8,700.00
United Way	0	
Fundraising	42	51,768.05
Other	23	28,430.00 (community & Meals on Wheels donations)
Other		
TOTAL	100	124,274.99

EXPENDITURES	Budgeted Percent	Budgeted Dollars	Actual Expense Percent	Actual Expense Dollars
Personnel	40	52,000.00	41	44,781.58
Insurance/Rent/Utilities	19	25,500.00	22	23,237.71
Fundraising Costs	7	8,000.00	9	9,283.89
Other (food, Comsumables, Mileage)	17	22,500.00	11	11,851.29
Other (Equip, Adv, Loans)	17	22,831.00	17	18,868.82
Total	100	130,831.00	100	108,023.29

Number of full-time paid staff positions (full-time equivalents or hours): 2
 Number of full-time volunteer staff positions (full-time equivalents or hours): 3,380