

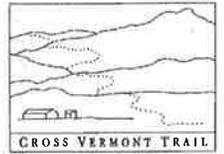
**Cross Vermont Trail Association**

29 Main Street, Suite 4

Montpelier, VT 05062

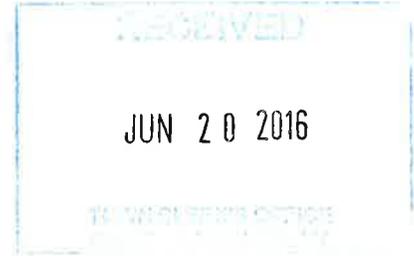
802-498-0079

[www.crossvermont.org](http://www.crossvermont.org)



June 12, 2016

Town of East Montpelier  
PO Box 157  
East Montpelier, VT 05651



Hello Town of East Montpelier,

This year's Central Vermont Cycling Tour (CVCT) is scheduled for June 26, 2016. Started as the EcoTour in 2002, this is the 14th running of the tour. CVCT is a fun, low key, family event and an attraction for tourists visiting our area. It's also a charity fundraiser - helping to raise money for the Cross Vermont Trail Association. The tour highlights some of the great, scenic roads in your town - thank you!

CVCT utilizes public roads in the towns of East Montpelier, Calais, Woodbury, Middlesex and Worcester. There are 3 different rides of approximately 15, 30, and 60 miles in length. Route maps are enclosed. As in past years, we will be putting up directional signs and arrows the day before the ride, Saturday June 25, and removing them the evening of June 26.

Every participant in the event will sign a waiver indemnifying each of the towns through which the ride passes. The event and all landowners, including towns, are covered by Cross Vermont Trail Association's Commercial General Liability insurance policy (\$2,000,000 limit). Coverage is through Federal Insurance Company, c/o Chantilly-Alliant Ins Svc Inc, 4530 Walney Rd Ste 200, Chantilly, VA 20151-2285. Green Mountain Bike Patrol will be on site to provide coordination and assistance to participants.

Please don't hesitate to call if you have any questions.

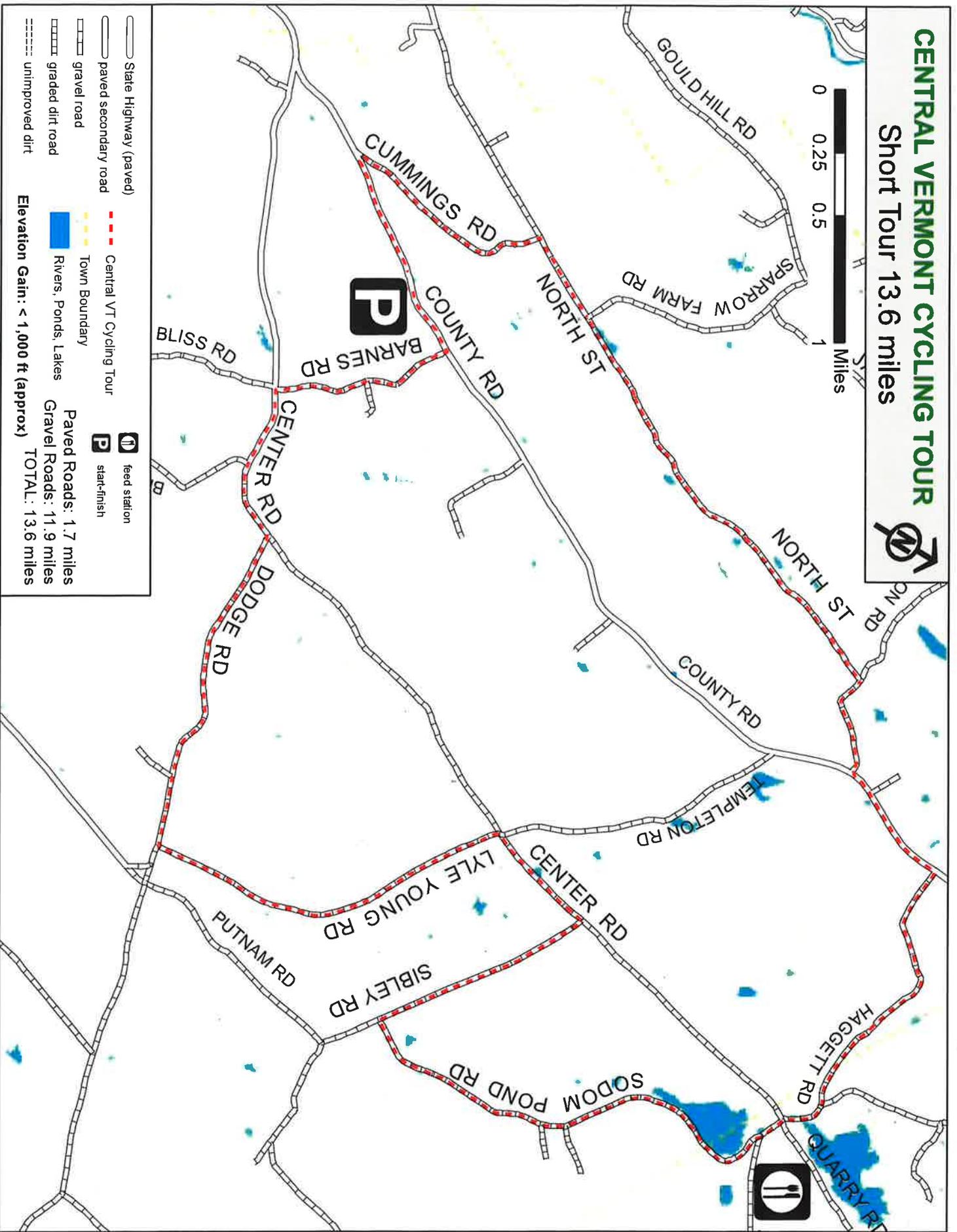
Sincerely,

Greg Western  
Executive Director, CVTA

*"The purpose of the Cross Vermont Trail Association is to assist municipalities, recreation groups, and landowners in the creation and management of a four-season, multi-use trail across the state of Vermont for public recreation, alternative transportation, and awareness of our natural and cultural heritage."*

# CENTRAL VERMONT CYCLING TOUR

## Short Tour 13.6 miles



- State Highway (paved)
- paved secondary road
- gravel road
- graded dirt road
- unimproved dirt

Central VT Cycling Tour

Town Boundary

Rivers, Ponds, Lakes

feed station

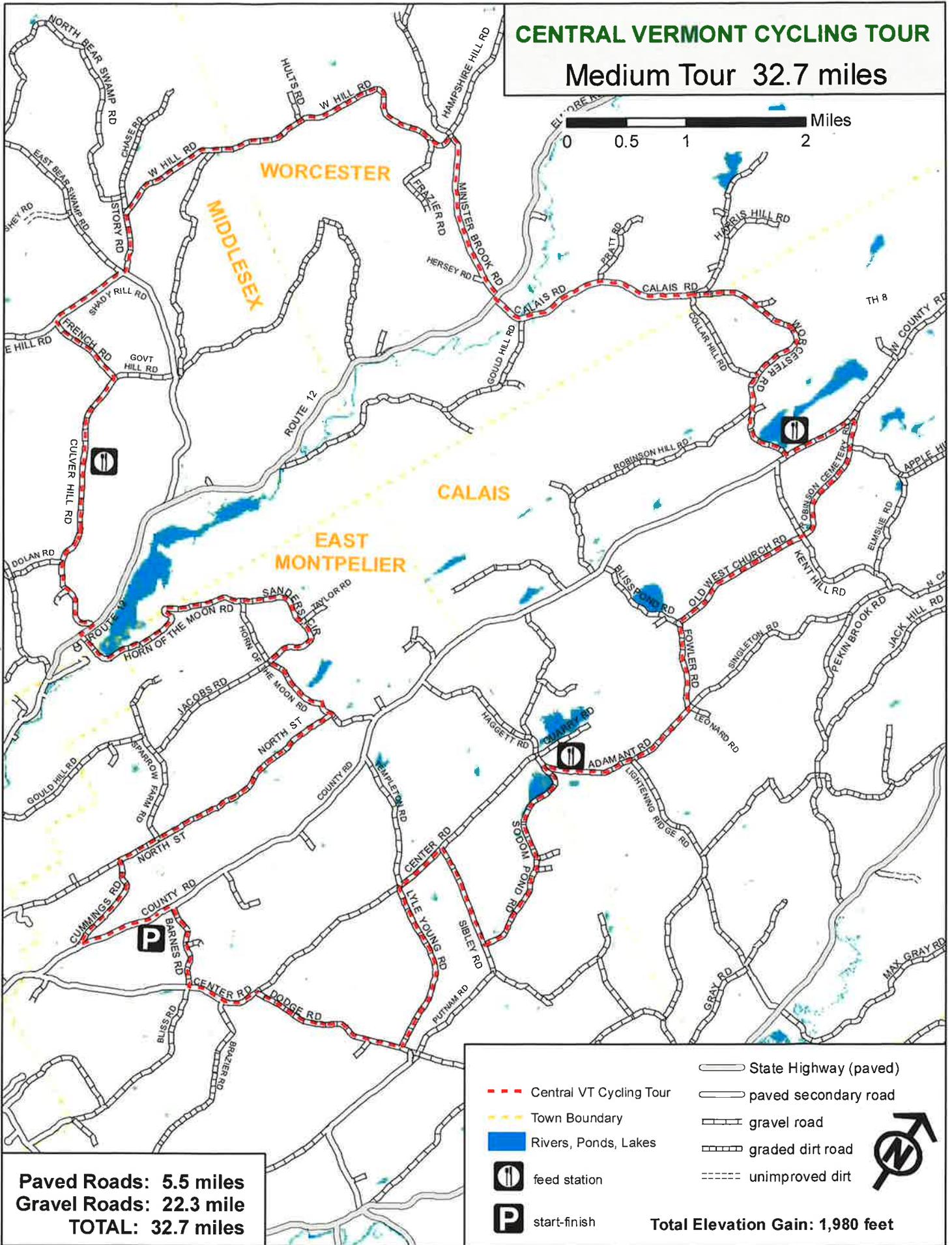
start-finish

Paved Roads: 1.7 miles  
Gravel Roads: 11.9 miles  
TOTAL: 13.6 miles

Elevation Gain: < 1,000 ft (approx)

# CENTRAL VERMONT CYCLING TOUR

## Medium Tour 32.7 miles



**Paved Roads: 5.5 miles**  
**Gravel Roads: 22.3 mile**  
**TOTAL: 32.7 miles**

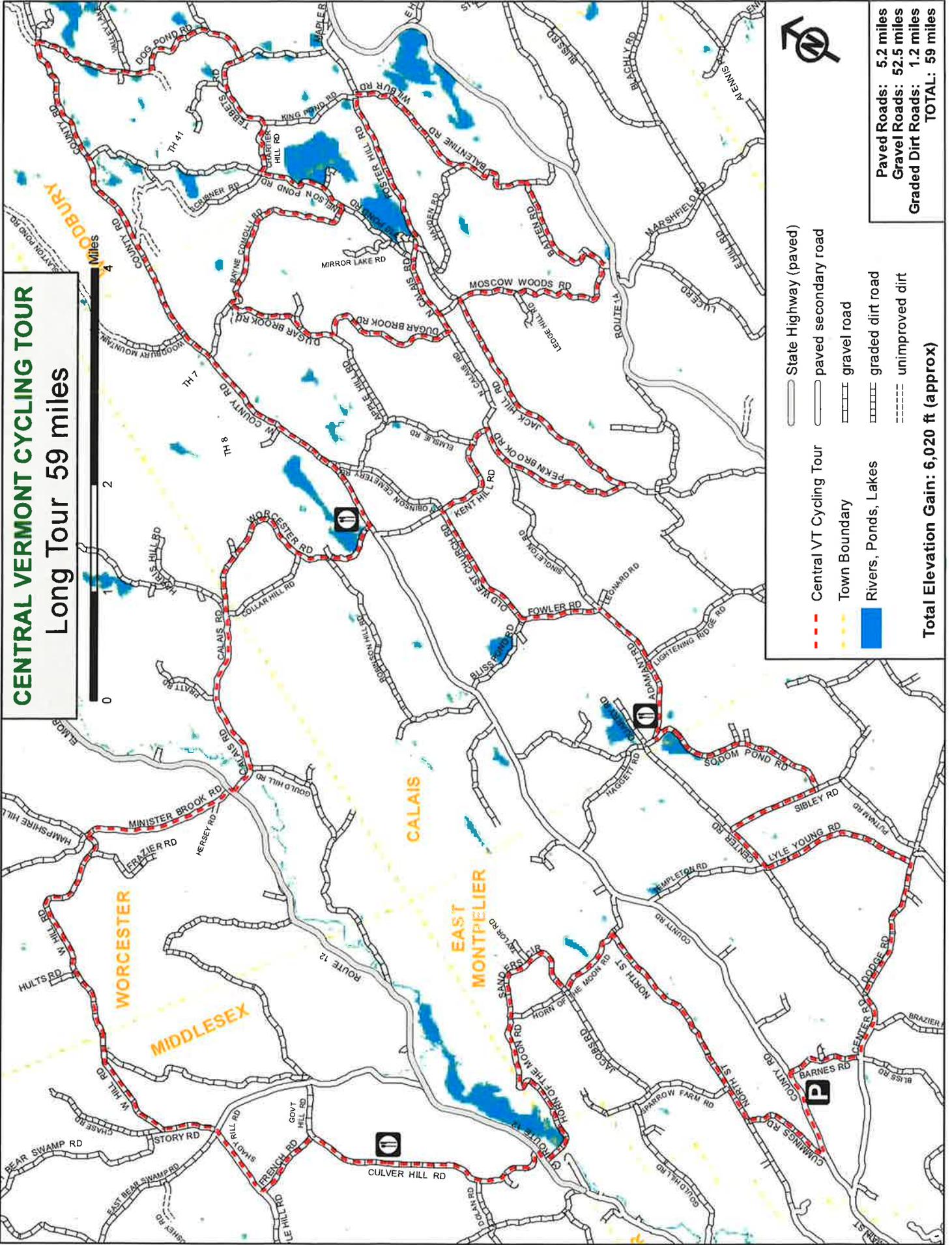
- Central VT Cycling Tour
- Town Boundary
- Rivers, Ponds, Lakes
- feed station
- start-finish
- State Highway (paved)
- paved secondary road
- gravel road
- graded dirt road
- unimproved dirt



**Total Elevation Gain: 1,980 feet**

# CENTRAL VERMONT CYCLING TOUR

## Long Tour 59 miles



- State Highway (paved)
- paved secondary road
- gravel road
- graded dirt road
- unimproved dirt
- Central VT Cycling Tour
- Town Boundary
- Rivers, Ponds, Lakes

Paved Roads: 5.2 miles  
 Gravel Roads: 52.5 miles  
 Graded Dirt Roads: 1.2 miles  
**TOTAL: 59 miles**

**Total Elevation Gain: 6,020 ft (approx)**



# Central Vermont Cycling Tour

[www.crossvermont.org](http://www.crossvermont.org)

Sunday **June 26**, 2016  
Morse Farm, East Montpelier, VT



sign in opens **8:30 AM**

long bike tour and  
all runners begin **9:30 AM**

medium and short  
bike tours begin **10:30 AM**

open house bbq  
all afternoon **Noon**

prize drawing **2:30 PM**

course closes **5 PM**

**great local foods  
convenient rest stops  
well marked courses and fun  
prizes, and hula hoops**

*"A quintessential New England backroads  
bike route - mountain vistas, haying in the  
fields, white steepled churches -  
unbroken scenery all the way. I might even  
go so far as to give it a sixth-tessential."*

**join us to bike or run**

**15 30 60**  
**miles miles miles**  
**of scenic country roads**

Open house bbq will be running all afternoon  
at Morse Farm with free food and festivities for all.  
Stop by to help us celebrate, to learn more,  
or to cheer on the event participants.

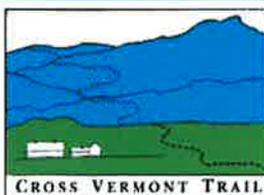
**Register online at [www.crossvermont.org](http://www.crossvermont.org)**

**Kids (and Teens!) ride free - 18 and under,  
so bring a crowd.**

**Registration is \$50 per adult.**



Since 2002 -  
Started as the **EcoTour**,  
we still ride in support  
of healthy active kids.



To benefit the **Cross Vermont Trail** -  
working to build community paths,  
connecting schools, neighborhoods,  
and natural areas - across Vermont!  
**[www.crossvermont.org](http://www.crossvermont.org) 498-0079**