



**Central Vermont  
Home Health & Hospice**

**Sandy Rousse**  
President & CEO

To: East Montpelier  
From: Sandy Rousse, President & CEO  
Date: November 8, 2019  
Subject: 2020 Town Funding Request

Please accept this as Central Vermont Home Health & Hospice's written request to be listed on the March 2020 East Montpelier ballot for town funding in the amount of \$6,000.

CVHHH has cared for central Vermonters in the comfort and privacy of home for over 100 years. We provide a range of services to people of all ages and we employ a team of nurses, physical, speech, and occupational therapists, social workers, and caregivers, who deliver care in a setting where we know people want to be – in their own homes. This care is also more cost effective, a fraction of an inpatient hospital-stay and about half the cost to care for a person in a nursing home.

Last year, CVHHH provided close to 2,000 visits in East Montpelier alone. Visits are coordinated based on a person's condition and goals and often include case management and coordination, medication management, specialized wound care and regular visits from our team of registered nurses, therapists, aides, and social workers. In addition, our Telehealth Program, allows us to provide oversight by a nurse seven days a week for individuals with chronic conditions, like diabetes and chronic obstructive pulmonary disease (COPD), and who are at high risk for hospitalization.

CVHHH also renders personal care attendant and homemaking support via our long-term care program. We extend companionship and help with activities of daily living (light housekeeping, cooking, laundry, and bathing and dressing) to central Vermonters who, without this support, would very likely have needed to leave their homes and move to a facility or nursing home.

It is critical that CVHHH continues to give central Vermonters the tools to manage their conditions and maintain their independence. Meeting the evolving needs of the residents of East Montpelier helps to keep our communities intact and that is why town funds are more important than ever. This much-needed funding helps to ensure that residents who are uninsured, underinsured, or otherwise unable to pay, receive the care that they need and can stay out of the hospital or facility and in their own homes.

Should you have any questions or require further information, please feel free to contact me, or Kim Farnum, Director of Community Relations & Development, at 223-1878.

Thank you for your attention to this request.

Sincerely,

Sandy Rousse  
President & CEO



## 2019 ANNUAL SERVICE REPORT

### TOWN OF EAST MONTPELIER

Central Vermont Home Health & Hospice (CVHHH) is a not-for-profit Visiting Nurse Association serving 23 communities in central Vermont with skilled nursing care, physical, speech, and occupational therapy, medication management, social work support, and a personal care to central Vermonters of all ages in the comfort and privacy of home. The organization is governed by a volunteer Board of Directors, each of whom lives in CVHHH's service area. CVHHH is guided by a mission to care for all central Vermonters regardless of a person's ability to pay, their geographic remoteness, or the complexity of their care needs. CVHHH embraces new technology and collaborates with other local providers to ensure that central Vermonters' care needs are met. In addition to providing medically-necessary care, CVHHH promotes the general welfare of community members with public flu and foot-care clinics and grief and bereavement support groups. To learn more, visit [www.cvhhh.org](http://www.cvhhh.org).

#### CVHHH Services to the Residents of East Montpelier Jan 1, 2019 – December 31, 2019

Program	# of Visits
Home Health Care	1,641
Hospice Care	573
Long Term Care	299
Maternal Child Health	81
<b>TOTAL VISITS/CONTACTS</b>	2,594
<b>TOTAL PATIENTS</b>	107
<b>TOTAL ADMISSIONS</b>	135

*\*Audited figures are not available at the time of report submission. Preliminary figures are prorated based on the number of visits from January 1, 2019 – August 31, 2019 and are not expected to vary significantly.*

Town funding will help to ensure that CVHHH provides services in East Montpelier through 2020 and beyond. For more information contact Sandy Rousse, President & CEO, or Kim Farnum, Director of Community Relations & Development at 223-1878.