

TWIN VALLEY SENIOR CENTER

P.O. Box 152

East Montpelier, VT 05651

Telephone: (802) 223-3322

twinvalleyseniors@myfairpoint.net



November 11, 2020

Town of East Montpelier

P.O. Box 157

East Montpelier, Vt. 05651-0157

Dear Selectboard:

This request is asking the taxpayers of East Montpelier to raise the sum of \$5,000 for the operating expenses of Twin Valley Center during the fiscal year 2021. We ask the six towns in the area we serve for funding at Town Meeting. The following requests to those towns include, Marshfield, Calais & Cabot \$3,000. Woodbury \$1,200 and Plainfield \$3,500.

As an organization that plays a vital role supporting the elderly in our area, know that taxpayers support is important to help us sustain the center. The center can be used by all community members to have a gathering place that could be used for many different functions and events.

Year 2020 has hit the senior center just like many organizations. Closure and the ability to fundraise made it impossible for activities and events that helped us through each fiscal year. We need to depend on town taxpayers and community members to be able to do all that we normally do to make the center a welcome homey place with lots of activity for all residents.

We have been able to continue the Meals on Wheels program and regularly reach out to our homebound seniors and congregate members to check on them. Luckily we have been able to reach out for small grants to help purchase the expensive containers and delivery bags. These grants do not cover all expenses but, does help us toward continuing meals to the homebound.

Please find attached TVSC profit & loss for FY19-20. I hope this will help you understand TVSC finances and the reason we are asking for the help of the taxpayers.

Thank you in advance for your attention to our request and feel free to contact me at the above Contact information.

Warm Wishes,

A handwritten signature in black ink that reads "Rita Capeland". The signature is written in a cursive, flowing style.

Executive Director

For year ending 9/30/2020				
Revenues	Sub category	FY 2020	% of Income	FY 2021 Year Budget
1. Federal		\$0.00		\$0.00
2. State		\$55,583.00	38%	\$43,200.00
2a. CVCOA contract	\$52,469.00			
2b. VCIL	\$3,114.00			
2. Town funds		\$11,000.00	8%	\$17,000.00
3. United Way				
4. Fundraising		\$46,769.00	32%	\$51,250.00
5. Other: Individual Donations		\$28,954.00	20%	\$24,000.00
5a. Donations-Meals at Center	\$4,814.00			
5b. Donations-Home Delivered Meals	\$24,140.00			
6. Other: Corrections		\$0.00	0%	\$0.00
7. Other: Non Government Grants		\$3,500.00	2%	\$13,500.00
8. Sub-total revenue		\$145,806.00	100%	\$148,950.00

			% of	
Expenses		FY 2020	Expense	Year Budget
1. Personnel		\$69,560.00	44%	\$71,980.00
1a. Executive Director	\$29,726.00			
1b. Cook	\$25,701.00			
1c. Admin Assistant	\$9,267.00			
1d. Payroll Taxes	\$4,866.00			
2. Mileage - volunteers for HDM		\$10,434.00	7%	\$12,000.00
3. Insurance/Rent/Utilities		\$27,463.00	17%	\$37,250.00
3a. Insurance	\$1,854.00			
3b. Rent	\$17,600.00			
3c. Utilities	\$3,234.00			
3d. Telephone				
3e. Audit/Accounting Services	\$4,775.00			
4. Direct Expenses:Food & Consumables		\$38,339.00	24%	\$38,050.00
4a. Consumables/supplies: office	\$2,810.00			
4b. Consumables/supplies: meals				
4c. Raw food or catering	\$35,529.00			
5. Fundraising		\$6,900.00	4%	\$12,850.00
5a. Advertising	\$2,990.00			
5b. Fund raising expenses	\$3,865.00			
5c. Training (staff & volunteers)	\$45.00			
5d. Postage				
6. Maintenance/Support contracts		\$6,169.00	4%	\$3,825.00
7. Other:Restricted/Special Fund Expense			0%	\$1,800.00
8. Equipment			0%	\$500.00
23. Total expenses		\$158,865.00	100%	\$178,255.00

Town Meeting Report for East Montpelier

Twin Valley Seniors was founded in 1983. The center serves the towns of Cabot, Plainfield, Marshfield, Calais, Woodbury and East Montpelier. The center has steadily grown since 1983 to present. The center had been housed in many locations before moving to 4583 US Route 2 known as Blueberry Commons.

In 2014 TVSC had the opportunity to rent its present space. This was a huge undertaking with a rent increase. After much consideration the Board of Directors and I felt it was the only way to go with a great location with ample parking, for the center fundraising activities and a central location. Within the first year of the move TVSC had picked up many more participants and started receiving many more requests for Meals on Wheels. Five years ago TVSC had to turn away people for some of our Arthritis/Bone Builders classes because of space issues. Classes were being held three times and three days a week by dedicated volunteers.

With kindness and generosity from friends, neighbors, families and community supporters we were able to purchase Blueberry Commons. This is the first time in the history of TVSC to have a permanent home. The year certainly was a lot kinder to us than year 2020.

The future plans for the center is to do an expansion to host the many activities that take place and not have to turn anyone away because of space. Dining room space is needed to host many more people at fundraising events and holiday seating. Adding a Pavilion is an added space that we can see being used to its fullest in the beautiful outdoor weather in summer and fall. A Pavilion could host outdoor lunches, activities and many exercise programs. With the generous and kind support from people like you, we are hoping to bring TVSC to a full circle that you all can use and feel proud knowing your donations made it possible. Your support is what makes it all happen and our mission is what we all work for. To facilitate the social, emotional and physical well-being of independent senior citizens by providing access to community resources, providing services and activities that maintain senior citizens' independence and wellness.

For FY 2019 TVSC served up to congregate participants a total of 2,533 meals. Before closing due to the pandemic in March 2020 the meals in-house totaled 1,326. Meals on Wheels for year 2019 totaled 10,138. FY 2020 to date Meals on Wheels is 9,304. There was outsourcing of meals for two weeks while center was closed. The pandemic played a big part in the center operations just as it did in everyone's life.

We encourage you to please consider joining our Board of Directors to help us guide the senior center for the future in the right direction for all to enjoy. I invite you to contact me at 802-223-3322 or email: twinvalleyseniors@myfairpoint.net with ideas, suggestions or just a chat about the center.

Respectfully Yours,

Rita Copeland
Executive Director